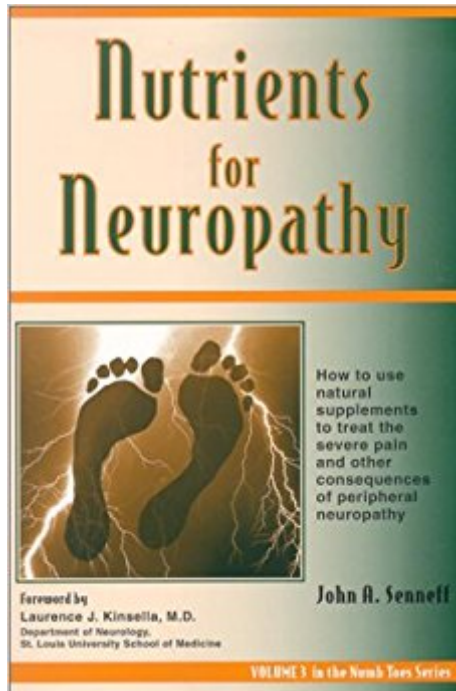




Ebook Directory
the best source of ebook

The book was found

Nutrients For Neuropathy (Numb Toes Series)



Synopsis

Here is a new, natural approach for dealing with this painful and debilitating condition. You will read how you can reduce or perhaps even eliminate the need for expensive medications with their unwelcome side effects. Written by the author of the much acclaimed Numb Toes books on peripheral neuropathy, *Nutrients for Neuropathy* is full of clinical studies and references, yet written in the reader-friendly style of those two books. Everything is covered in this science-based guide: The most bio-available nutrient supplement forms; Suggested dosages and best times to take; Safe upper limits and possible drug interactions; A specific nutrient supplement program; And much, much more

Book Information

Series: Numb Toes Series (Book 3)

Paperback: 172 pages

Publisher: MedPress (July 2002)

Language: English

ISBN-10: 0967110750

ISBN-13: 978-0967110752

Product Dimensions: 9 x 6.1 x 0.5 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.0 out of 5 stars 19 customer reviews

Best Sellers Rank: #519,602 in Books (See Top 100 in Books) #37 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nephrology #72 in Books > Medical Books > Medicine > Internal Medicine > Nephrology #532 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology

Customer Reviews

Here is a new, natural approach for dealing with this painful and debilitating condition. You will read how you can reduce or perhaps even eliminate the need for expensive medications with their unwelcome side effects. Written by the author of the much acclaimed Numb Toes books on peripheral neuropathy, *Nutrients for Neuropathy* is full of clinical studies and references, yet written in the reader-friendly style of those two books. Everything is covered in this science-based guide: The most bio-available nutrient supplement forms; Suggested dosages and best times to take; Safe upper limits and possible drug interactions; A specific nutrient supplement program; And much, much more

I have peripheral neuropathy in both feet due to back injuries. I can't take Neurontin (or some other meds) so was especially interested in supplements. After reading this (and doing some online research), I asked my neurologist about alpha lipoic acid. She gave me the go ahead, telling me that if I lived in most European countries, my doctor would have suggested it. (And that it couldn't do any harm.) It's gotten rid of the burning. The book is clear and offers a balanced view: what works for some doesn't work for all. And Sennett is up front about that and the fact that he's not a doctor. Appreciated.

Very informative.

This is a great book that has a vitamin/supplement program that truly works in eliminating the pain.

I have neuropathy as the result of an accident. I followed this regimen for six months and noticed no difference.

I liked the idea of using real nutrients in or to help combat and maybe reverse neuropathy. I have been taking the vitamin/mineral supplements and have been feeling some positive effects so far.

Full of needful useful information.

This book has a good bit of info for those who suffer from Peripheral Neuropathy. I am glad I bought the book and every new bit of information helps me cope and feel some mastery over PN. Still, it was not organized quite as accessibly as I would have liked, and it suffers from the inevitable publishing-lag when compared to information straight from the Internet on current studies and thinking on PN.

This book covers more options in treating Neuropathy that is very helpful. I keep going back to it in comparing vitamins and Amino Acids. Very helpful book.

[Download to continue reading...](#)

Nutrients for Neuropathy (Numb Toes Series) The Neuropathy Cure: How to Effectively Treat Peripheral Neuropathy - 2nd Edition (Peripheral Neuropathy, Diabetes, Intervention Therapy, Spinal Cord, Drug Therapy, Chronic Pain, Biofeedback Book 1) Five Little Ducks: A Fingers & Toes

Nursery Rhyme Book: Fingers & Toes Tabbed Board Book (Fingers & Toes Nursery Rhymes)
Numb No More: Simple Solutions to Achieve Freedom from Habits and Addictions Peripheral
Neuropathy: When the Numbness, Weakness and Pain Won't Stop (American Academy of
Neurology) The Modern Guide To Peripheral Neuropathy : You Can Get Better - Don't Continue To
Suffer Cuban Blindness: Diary of a Mysterious Epidemic Neuropathy Biopsy Diagnosis of Peripheral
Neuropathy Herbs and Nutrients for Neurologic Disorders: Treatment Strategies for Alzheimerâ€™s,
Parkinsonâ€™s, Stroke, Multiple Sclerosis, Migraine, and Seizures Packed: Lunch Hacks to
Squeeze More Nutrients Into Your Day Superfruits: (Top 20 Fruits Packed with Nutrients and
Phytochemicals, Best Ways to Eat Fruits for Maximum Nutrition, and 75 Simple and Delicious
Recipes for Overall Wellness) Teaming with Nutrients: The Organic Gardenerâ€™s Guide to
Optimizing Plant Nutrition Reversing Gum And Heart Disease: A Protocol to Lower hs-CRP, and
Heal Inflammation Through a Paleo Diet, Dental Care, and Targeted Nutrients and Supplements ...
Simple Steps to Better Health Book 9) Balancing Soil Nutrients and Acidity: The Real Dirt on
Cultivating Crops, Compost, and a Healthier Home (The Ultimate Guide to Soil Book 3) Beauty
Junkies: In search of the thinnest thighs, perkier breasts, smoothest faces, whitest teeth, and
skinniest, most perfect toes in America Leonardo's Foot: How 10 Toes, 52 Bones, and 66 Muscles
Shaped the Human World Ten Tiny Toes Baby's Box of Fun: A Karen Katz Lift-the-Flap Gift Set:
Where Is Baby's Bellybutton?; Where Is Baby's Mommy?: Toes, Ears, & Nose! All of Baby, Nose to
Toes Fourth Steps in Ballet on Your Toes: Basic Pointe Work

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)